AN EXPLORATION INTO INTERPERSONAL SENSITIVITY IMPACTING ON MARITAL WELL-BEING

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Abstract

Marital well-being is a dynamic state characterized by a reasonable amount of harmony between spouses, their needs and expectations in the marital relationship and a harmonious satisfaction of one’s desires and goals in the marriage. There are several factors which contribute to marital well-being. The ability to perceive and respond with care to the internal states of others, understand the antecedents of those states, and predict the subsequent events that will result is an important factor among them. Interpersonal sensitivity matters in daily life. The level of interpersonal sensitivity may be good for better social relationships as well as marital relationship. The aim of the study is to examine the role of interpersonal sensitivity on marital well-being. The sample included 75 married people who were randomly drawn from various districts of Kerala irrespective of their age and duration of marriage. Marital well-being inventory and Interpersonal sensitivity measure were used for data collection. One-way ANOVA showed level of interpersonal sensitivity have no significant impact on marital well-being.

Key words:-couples, interpersonal sensitivity, marital well-being.
References


