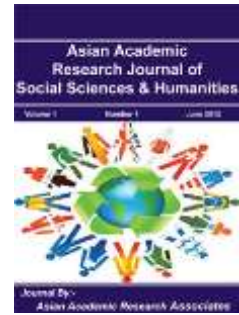




A Peer Reviewed International Journal of Asian  
Academic Research Associates

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SCIENCE & HUMANITIES**



**HUMAN RIGHTS AND DEVELOPMENT: A THEORETICAL PERSPECTIVE  
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**ABSTRACT**

The rights based approach aims at the process which expands the capabilities or freedoms of the individuals to improve their well-being and to realise what they value. This is characterized by adherence to principles derived from the texts of international human rights instruments. The capabilities framework considers what individual citizens enjoy and are able to do and calls for a minimum threshold that each individual should enjoy of each of a number of capabilities. The notion of sustainable development emerged with the awareness that self-destructive development can only be short-lived. Evidence that non-renewable environmental resources must be protected has generated such awareness. Development is associated with justice. It is human development over time and space in terms of ecological, social and economic interdependence with inter-generational and intra-generational justice and fair play, and with care, prevention and protection.

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