Abstract

The purpose of this study was to evaluate the factors affecting the participation of women in sports in Isfahan. The statistical population of this research was working women and housewives in Isfahan. Since the size of statistical population was unknown and certainly over 10,000 people, the sample size was selected as 370 individuals according to the table of Morgan & et al. The sampling method used in the present study was of stratified random. Regarding the research goal, Isfahan city was divided into five districts, north, south, east, west and center, and the sample size was determined as 84 individuals per district. In order to gather the factors affecting sports participation of women, credible scientific resources were investigated and prominent scholars were interviewed, and accordingly it was designed the research questionnaire. To answer the research questions, it was used inferential statistics tests including Levin, single t test, and Friedman. The results showed that it was prioritized the factors of enhancing quantitatively sport facilities in sports arenas, being equipped with adequate and sufficient facilities such as bathrooms and toilets, increased self-reliance in society because of participating in sports activities, respectively, more than others.

Keywords: women, sports participation, Isfahan City.