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WORK LIFE BALANCE AMONG WOMEN POLICE IN TAMILNADU

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Abstract

The article tries to find out work life balance among women police in Tamilnadu. One objective of this study is reached through proper methodology. Sample size was 419. This study has multistage sampling technique to collect data from women police employees from four districts (Chennai, Coimbatore, Trichy and Salem) in Tamil Nadu. Researcher designed questionnaire is with 5 point scale in the continuum of agreeing. Reliability of this tool is 0.72 and 0.92. One way ANOVA was used for data analysis. Work life balance of the women police employees shows that there is significant difference through dimensions such as work interference with personal life, personal life interference with work and work personal life enhancement with respect to age group of the employees. It is found that strongly agree towards the work life balance of the women police employees. The one way ANOVA result shows age groups have significant differences towards work life balance of the women police employees. It is also found that 41 to 50 years of age groups of the women police employees strongly perceived the work life balance when compared to respective categories in all women police stations. Hence, It is recommended to the police administrators that the enhancement towards the personal life, job can elevate the work life balance of the women police to enrich work life balance moderate state to stronger level.

Keywords: Work Life Balance; Women Police; Multistage Sampling Technique and One Way ANOVA Analysis

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