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**A STUDY OF OCCUPATIONAL STRESS AMONG SCHOOL TEACHERS
TEACHING IN JAWAHAR NAVODAYA VIDYALAYAS IN JAMMU PROVINCE:
A COMPARATIVE STUDY**

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Abstract

The present study was conducted on to study the occupational stress among school teachers teaching in Jawahar Navodaya Vidyalayas in Jammu province. The objectives of the were to study the significant difference between male and female teachers teaching in Jawahar Navodaya Vidyalayas and to find out the difference in occupational stress between Jawahar Navodaya Vidyalayas school, so this particular study aims to fill the prevailing knowledge gap. The sample of the present investigation was drawn randomly from Jawahar Navodaya Vidyalayas Schools. The sample were consists of 150 teachers (75 male and 75 female) teaching in Jawahar Navodaya Vidyalayas Schools of Jammu Province. In the present study seven Jawahar Navodaya Vidyalayas of Jammu Province were selected. In the present study the investigator was used Occupational Stress Index by Dr.A.K. Srivastava and Dr. A.P. Singh. The conclusion shows that: There is no significant difference among male and female teachers in 1st area of occupational stress i.e Role overload. Male teachers have more occupational stress as compared to female teachers in 2nd area of occupational stress i.e Role Ambiguity. There is no significant difference among male and female teachers in 3rd area of occupational stress i.e Role Conflict. There is no significant difference among male and female teachers in 4th area of occupational stress i.e unreasonable groups and political pressure. There is no significant difference among male and female teachers in 5th area of occupational stress i.e Responsibility for persons. Male teachers have more occupational stress as compared to female teachers in 9th area of occupational stress i.e Intrinsic Improvement. Female teachers have more occupational stress as compared to male teachers in 10th area of occupational stress i.e Low status. There is no significant difference among male and female teachers in 11th area of occupational stress i.e strenuous working conditions and there is no significant difference among male and female teachers in 12th area of occupational stress i.e unprofitability.

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